

## **Paint Creek Road Ride**

51/25 miles  
Class B/C

The Paint Creek Ride is basically flat, class B out-n-back or an entirely flat 25-mile Class C road ride from the intersection of WV Rt. 61 and Paint Creek Road, which is in Hansford, a small town along the Kanawha River between Chelyan and Montgomery. The course shadows the West Virginia Turnpike. The Class C route will go out 12.5 miles and then turn around and there will be no stores along the route. The Class B group will refuel and turn around at the Exxon at Mossy.

To get to Hansford, take the WV Turnpike (I-64/I-77) to the Chelyan exit, then follow WV Rt. 61 South (turn Left after the bridge) about 5 miles to Hansford. We'll meet at a gravel lot along Rt. 61 at the mouth of Paint Creek.

## **Duck Century**

105/62/28 miles  
Class B/C

If you haven't ridden it, the Duck is the flattest century in West Virginia. The out and back course follows the Elk River to either Clay Junction (turn-around for the 62 mile option) or Duck (turn around for the 105 miler). The 28 mile option is out and back on Elkhurst Road, which is arguably the nicest place in the whole state to ride a bicycle. There is a convenience store at the turn-around on each of the three rides. There is no sag support or entry fee for this ride.

GETTING THERE: Clendenin is 20 miles north of Charleston on I-79. Take Exit 19 and go 4 miles to town. The longer rides start at the NiSource Building at the US 119 and WV 4 intersection. The 28 mile ride starts at the beginning of Elkhurst Road on Rt. 4. Drive to Clendenin, turn Left on Rt. 4 and go 12 miles. There is ample parking at the end of the road. Maps and turn sheets are on our web site.

## **Bridge to Ridge, Winfield, WV**

8:00 am start - 100 and 62 mile rides  
9:00 am start - 36 mile ride  
100/62/36 miles  
Class B/C

The Putnam County Bridge to Ridge Bicycle Tour has three rides to offer! A 36-mile ride that has several challenging climbs, a 62-mile ride that has a total of 4000 ft of climbing, and a 100-mile ride that offers a total of 8000 feet of climbing.

All rides follow the Kanawha River to Poca and then turn to the ridges of Putnam and Mason Counties. The courses are challenging offering climbs, and are on secondary roads. All rides start at the Putnam County Courthouse on Route 35 in Winfield, West Virginia (Just 30 miles west of Charleston, WV). Registration forms for this ride can be found at

## **Wallback–Amma Ride**

64/25  
Class B/C

One of the best ways to add new life to a familiar and often traveled bicycle ride is to add a new road to its course. That's what we are doing on the Wallback – Amma Loop. We'll leave from the NiSource building in Clendenin and ride to Clay Junction via Elkhurst Road. Then we'll ride to Amma and back to Clendenin shadowing I-79. The Class B ride is 64 miles, and there is a flat, scenic 25 mile Class C ride to Elkhurst Road and back.

## **Dutch Ridge Ride**

55/32 miles  
Class B/C/D

This is a choice of rides from the Elkview K-Mart – a 32 mile class C/D ride along Aaron's Fork Road or the challenging 55 mile Dutch Ridge Ride. Both rides will start at 9:00 a.m.

The Aaron's Fork Class C/D ride will be an out-n-back ride from the shopping center to a store on WV Rt 21 in Sissonville, 16 miles away. The route is mainly flat but has three hills along the way.

The 55 mile, Class B Dutch Ridge Ride first travels over rolling hills to Clendenin, then on to Queen Shoals, where you start the long climb to Dutch Ridge. Once on the ridge, you have several miles of up and down riding, then after the climb over Pinch Ridge, you'll return to Elkview  
Map and Cue sheet on website.

## **Putnam County "Roller Coaster"**

50 miles  
Class B/C

When a cyclist thinks of riding in northern Putnam County (on the side of the Kanawha River with Poca and the Toyota engine plant) two things usually come to mind: the flat Route 62 along the river and the hills and ridges that are everywhere else. Well, the Putnam county "Roller Coaster" is that "everywhere else." It will be like a 50 mile roller coaster – you go up, you go down, then you go up again. We promise beautiful scenery and leg-burning climbs.

The ride will start at 9:00 a.m. from the Winfield Locks and Dam Visitors Parking area (take Rt 62 to Eleanor, then turn Left about 1 mile past the Winfield Bridge, but before you get in to Eleanor (there is ample signage for the dam).

Along with the 50 mile ride, there will be shorter, flatter options available (but they will be without pre-designated ride leaders). Maps of all routes will be provided at the ride.

## **Milton to Ashton Road Ride**

42/21 miles  
Class B/C

This is a rolling out-n-back course that features a few moderate climbs and great scenery. There is a store near the turn-around point (mile 21) and another store in the middle of the course.

Since it's an out-n-back course, you can ride any distance you are prepared for. Meet at the Milton Park and Ride.

## **Jackson County Ride**

65/32 miles  
Class B/C

We'll meet at the Elkview K-Mart. The Class C route will be a 32 mile out-n-back route (16 miles each direction) along Aaron's Fork Road. There is a store at the turn around at Sissonville. The course features a few hills but plenty of flat ground too.

The Class B route will turn right at the end of Aaron's Fork and ride some of Jackson County's hills and ridges. The distance will be 65 miles.

## **Brounland Road Ride**

44 miles  
Class B

The ride starts at from Alum Creek Elementary School. It is entirely in Boone County and travels on roads unique from our other rides, its important that each rider print off a map and cue sheet from our web site.

Getting there: Take US 119 South approximately 5 miles past the Lowes/WalMart shopping centers, turn Left at Brounland Road/**County Road 15**, then bear right. The school is 1 mile down on the Right.

## **Tribble Loop**

53 miles

Class B

This Class B ride starts from Winfield Middle School and goes over a few of the roads in northern Putnam County used on the Bridge to Ridge Tour. The total climbing on this ride is 2,500 feet – about half of a typical ride in this area. Nearly half of the ride is along the Kanawha River and route avoids all but one steep climb (which goes up to Grandview Ridge). If you like scenic ridge rides but don't like endless hills, don't miss this one. Meet at Winfield Middle School, Winfield, WV.

## **Amish Bakery Ride**

75/50 miles

Class B/C

If you did this ride before, you'll remember the stop at the bakery, where we were treated to an Amish auction and bake sale. Seeing lycra-clad cyclist mingling with Amish and Memonite families isn't something we get to experience every day. We're holding the Amish Bakery Ride on the same weekend as last year, so we're hoping the festival will be going on again.

We'll start at Harris Riverfront Park in Huntington, ride over in Ohio to the small town of Patriot, stop at an Amish Bakery to refuel, and then loop back to the start. The distance is 75 miles and is mainly rolling hills. There will be a 50 mile course that does not go to the bakery. There are several stores along the route.

To get to the ride, take the Hal Greer Blvd / Exit 11 on I-64, straight on Hal Greer through town, Left on 3<sup>rd</sup> Ave., Right on Veteran's Memorial Blvd, and Right in to the park at 11<sup>th</sup> Street, across from Red Lobster.

## **Poca River/Kelly's Creek Ride**

35/24 miles

Class B/C

Meet at Poca Middle School. The course will be either a 24 gently rolling Class C loop around the Poca River, or a 35 mile Class B road course over Kelly's Creek and Manila Creek road

## **Bickmore Ride**

58 miles

Class B

This ride starts and finishes in Clendenin, WV, 20 miles north of Charleston along I-79. The ride starts out with 36 flat miles and finishes with 20 hilly and rolling miles. The cue sheet, which is available on our web site, says 56 miles but most riders come up with 58. Meet at the NiSource building in Clendenin.

## **Upper Mud River Dam Ride**

70+ miles

Class A/B

The Upper Mud River Dam Ride in Lincoln County is a 70+ mile class A/B ride will start from the St Albans Loop. The course makes a loop through Spurlockville in central Lincoln County, crosses the Upper Mud River Dam, and a lunch stop will be in Hamlin. Maps will be provided. The rain date is Sunday July 19 same time and location.

## **Milton to Ashton Road Ride**

42/21 miles

Class B/C

This is a rolling out-n-back course that features a few moderate climbs and great scenery. There is a store near the turn-around point (mile 21) and another store in the middle of the course.

Since it's an out-n-back course, you can ride any distance you are prepared for. Meet at the Milton Park and Ride.

## **Big Otter Ride**

50 miles  
Class B/C

The Big Otter Loop is a 50 mile ride through Clay, Calhoun and Braxton counties. Despite going through areas known for short, steep hills, the route is surprisingly flat and gently-rolling. There are just two climbs on the route – one a mile-long and another just a half-mile long. The ride starts at the park-n-ride at the Big Otter Exit of I-79 (45 miles / 45 minutes north of Charleston). A cue sheet for the 50 mile route will be provided at the ride.

## **Montgomery to Hawks Nest**

64 miles  
Class B

This ride will be a climber's delight. The 64 mile out-and-back ride will follow secondary roads from Montgomery to near Oak Hill, then turn north towards the park. Riders will only be on Rt. 60 from Chimney Corner to the park. The route will feature two mountain climbs out and one on the way back, but expect lots of rolling hills in between. This will not be a supported ride so bring food, water and a few bucks so you can tour the Mystery Hole.

The ride will leave from the parking lot of the now-closed Heilig-Meyers Furniture Store, 446 3 rd Ave, in Montgomery. The store is on the western end of town along Rt. 61, just across from a Dairy Queen. To get to Montgomery take I-77 South / I-64 East to the Cheylan exit and follow the signs to Montgomery (its just a 30 minute drive from Charleston).

## **Old Regatta ride**

57/32  
Class ?

Map on website

## **Milton Loop**

40  
Class B

Milton loop is a 40 mile scenic road ride through central Cabell County. This ride travels through central Cabell County. It is a scenic ride with great vistas from Barkers Ridge north of I-64 and small farms south of I-64. It is one of the easier loop rides of this distance. The climb to Barkers Ridge is about three tenth of a mile. The worst hill is below I-64. It is very steep but less than three tenth of a mile in length. The only store on the route after leaving Milton is at the crossing of route 60 at Ona. This has all the amenities and good restrooms and is situated about half distance. This ride is very similar in difficulty to the Mud River ride with which it shares some mileage. All descents on this route have sharp 180 degree S curves, so be sure to ride under control.

DIRECTIONS TO THE START:

TAKE I-64 TO MILTON. At the stop sign on the exit ramp, follow the sign to Milton. At the intersection on route 60, turn right. At the stop light, take a left and follow the road across the bridge (about 3/10 mile) and park in the areas of the ball fields. Can also start at the Milton Park n Ride. Will add a mile or so to the distance. Cue sheet on website

## **Alum Creek/Griffithville Loop**

23/43  
C/B

Alum Creek/ Griffithville Loop is a nice 43 or 23 mile ride loop ride out into Lincoln County. A lot of flat with a few good climbs. Cue sheet on website

Start at Alum Creek Rd and Rt. 214 4.5 miles south of WalMart on Corridor G, right on Alum Creek Rd, 0.8 miles to Rt. 214. There is a church parking lot on the left. Do not use on Sunday mornings.

## **Amma Loop**

15/30/35

C

Amma Loop is a class C road ride, with 15, 30, and 35 mile options. The starting point is at Exit 25 of I-79, 26 miles north of Charleston. This rural Roane County ride offers miles of flat or gently rolling riding with three widely interspersed moderate climbs. Map and Cue sheet on website.

## **Bear Fork Clockwise**

25/43

Class B/C

“Wally Rose Memorial Ride”

Starts at Brounland Road - 214 intersection in Alum Creek. Map and Cue sheet on website.

## **Bickmore Ride**

57

B

Starts in Clendenen. Starts out with 36 flat miles and finishes with 22 hilly and rolling miles. Map and Cue sheet on website.

## **Brounland Ride**

43 miles.

B

Start at Alum Creek Elementary School. See map and cue sheet for directions. Most of this ride is in Boone County. Map and Cue sheet on website.

## **Aarons fork - Allens fork**

57

B

This 57-mile Class B ride has a little of everything: plenty of flat road, a few challenging hills and one of the nicest ridge roads in the area. There are stores at miles 16 and 50, so bring plenty of food and water. The ride starts at the K-Mart shopping center in Elkview, I-79 exit 9 10 miles north of Charleston. Map and Cue sheet on website.

## **Hawks Nest Ride**

52

B

A challenging 52 mile ride from Smithers to Hawks Nest State Park. Cue sheet and Map on website

## **Roane County Ride**

32/73

C/B

We'll meet at the Elkview K-Mart to start this ride. The Class C route will be a 32 mile out-n-back course (16 miles each direction) along Aaron's Fork Road. There is a store at the turnaround in Sissonville. The course features a few hills but plenty of flat ground too.

The Class A/B course is not a difficult, but it is 73 miles so bring your best set of legs. There is a shortcut that will knock off about 15 miles. Get ready for some breathtaking views in a part of Roane County that few of us have previously ridden. There are stores at 19 and 58 miles - with nothing in between but pure cycling joy, so bring enough money to stock up at our first stop in Amma. The next stop will be at the top of Ambler Ridge, known affectionately as Meat Loaf Hill because of the Saturday Special \$1.00 meat loaf sandwiches. Don't forget to try the homemade Maple-Walnut cookies. Yum! With the exception of a couple of miles, the entire route is on good, low traffic back roads. We'll pass over the top of the legendary Ground Hog Slide, but will be spared the climb this week.

## **Fairplain Ride**

70

B/A

We'll meet at the Park n Ride at the exit in Fairplain, WV in Jackson County. This will be a 70 mile, Class A/B ride, and will feature plenty of climbing.

To get there, take I-77 North from Charleston for 33 miles, then take Exit 132/Fairplain.

## **Trail of Tears Ride**

B/A

50/83/100/

The ride starts at Rocky Gap Elementary School, Rocky Gap, Virginia (south of Bluefield and just across the VA line).

This is a very challenging course that features long (but not overly steep) climbs and plenty of valley riding. None of the climbs are under 1.5 miles; 1 climb has 11 switchbacks, and another is 5 miles long.

There are choices of 50, 83 and 100 miles. All rides follow the same basic course, but only one (likely the 100 miler) will have a ride leader. Maps will be provided for all three courses.

Getting there: Take I-77 South in to Virginia, then take the second exit - Rocky Gap. Turn left off the ramp, then take the next left and the school is on the left. It's a 100 miles / 90 minute drive from Charleston.

## **Upper Mud River**

B/A

70+

This 70+ mile class A/B ride will start at 8:00 a.m. from the St Albans Loop. The course makes a loop through Spurlockville in central Lincoln County, crosses the Upper Mud River Dam, and a lunch stop will be in Hamlin.

How do you get there???????????

## **Staats Mill Loop**

B/A  
50/65

We'll meet at the Haines Branch Park-N-Ride on I-77, north of Charleston, and the distance will be between 50 and 65 miles

## **Turkey Fork Loop**

Class B, or High C  
45.8 Miles

A relatively flat route in Jackson and Wirt Counties, with only 1800 feet of climbing.

Start: Gilmore School on Route 21 1.4 miles North of Sandyville. Take right off of I-77 Silverton Exit (North of Ripley).